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Experience is the teacher of all things...

— Julius Caesar said once. In the spirit of this dictum we decided to create the second part of Vade mecum Green buildings in Poland. The success of the former edition of this publication confirmed that sustainable construction is a valuable and sought-after topic. "Green" buildings are not a figment of ecologists' imagination, they do not involve enormous costs and they really can bring profits.

The former edition of Vade mecum presented the theory of the certification process in LEED, BREEAM and German DGNB systems. We explained the role of consultants and there was also space for the point of view of architects, designers and an investors. The publication enabled us to convey broad knowledge about sustainable construction, which earlier had not been accessible in one, comprehensible study. We explained why it is worth getting to know the subject of sustainable construction and, later, what benefits it can bring.

However, there is always time for confrontation of theory and practice. It is only at that moment that we can tell which questions are the most essential, where the problems appear and what needs to be dealt with. We decided to make it easier for all those who will take this task upon themselves. In this publication we present the LEED and BREEAM certification processes in detail — these are the two most popular certificates in Poland.

"Green ideology in practice" tells us exactly those things which the title suggests. It allows us to understand what green construction really means in practice. It makes

us aware of who we should cooperate with, who is responsible for particular activities, what the stages of the certification process are and what they involve, as well as how the financial aspect of this issue looks like.

We presented a comprehensible description of a practical attitude to sustainable construction in various ways. We described an office building in terms of materials and products used in it. We used two examples to illustrate the process of certification in LEED and BREEAM systems. The project of BUMA — an office building Quattro C — is an example of a building put up according to the criteria of BREEAM, whereas Alchemia, a project carried out by Torus, is subject to LEED certification.

We believe that close observation of these two examples will allow the reader to clearly understand the applied procedures. We also presented the process of certification of interiors on the example of Deutsche Bank branches. Vade mecum is enriched with opinions of experts in different areas and specific examples of products, which allow us to get an even deeper insight into sustainable construction.

We believe that our publication will help future investors decide for certification of the building they are going to complete. As for future tenants, it will help to attract their attention to the positive influence that a green office building has on work environment.

We wish you an enjoyable reading,
e-biurowce.pl staff



ph. Kinnarps